

Ultimate Vein Care

LASER HAIR REMOVAL, FACIAL VEIN, BROWN SPOT REMOVAL ,ACNE,
LEG VEINS,PORT WINE STAIN

Pre-treatment Instructions:

- Apply SPF45** sun block to treatment areas that are exposed to the sun. You may improve your results by limiting exposure to the sun, tanning beds or tanning lotions for four weeks before treatment.
- Inform us** if you have taken Tetracycline or Zithromax in the past month or if you have taken **Accutane** in the past year or are planning to begin taking any of these.
- Apply** topical anesthetic prior to coming in for your appointment if directed to do so.
- Discontinue** all Retin-A, Renova, glycolic acids, vitamin C products and anything else which can be irritating, for three days before treatment.
- Remove** any makeup, lotions, and cleanse and dry area to be treated before treatment.
- Inform us** if you have had a chemical peel, dermabrasion, laser resurfacing or a face lift within the last month.
- Please shave** 1-2 days prior to treatment

Post Treatment Instructions:

- Apply SPF45 sun block** on all treated areas that may be exposed to the sun for a minimum of two months. Avoid prolonged sun exposure to treated area and do not tan for four weeks after treatment.
- Wash** treatment area with a gentle cleanser, use cool or tepid water and pat dry.
- Do not use** Retin-A, Renova, glycolic acids, vitamin C products, glycolics, scubs or other irritants until all irritation from the treatment is resolved.
- If prescribed**, continue use of anti-viral medication.
- Do Not** take hot showers, hot baths, use hot tubs or saunas for five days.
- Apply** 1% hydrocortisone cream to treatment area if directed to do so.
- Cool compresses** can be used, if needed, to decrease redness or swelling.
- Discontinue** any chemical peels for the duration of your treatment.
- Please call** us at the first sign of persistent pain or blistering.

Post Treatment Expectations:

- Expect** some redness and swelling that may last from a few hours to a couple of days.
- 5-6 treatments** may be needed for maximum effect, usually spaced 1 month apart.
- Please call us** at the first sign of persistent pain or blistering.
- Inform us** if you have had chemical peels, dermabrasion, laser resurfacing or a face lift since your last visit.
- Inform us** of any changes in your medical or tanning history at **each** visit and inform us if you become pregnant.
- Veins Laser/Injections** Expect some redness and swelling, which may convert to a “cat scratch” scab for 2-3 weeks post laser vein treatment and/or injections.
Veins/Do not exercise vigorously for 48 hours after treatment
- Expect** some possible itching at the sites, which can possibly last less or more than 2 hours.
- Veins wear Compression hose 8-10 hours for 2 weeks after treatment**
- Veins Do Not** use alcohol, aspirin, Advil, or any other blood thinners for 5 days.
- Leg Vein** resolution usually takes about 8-12 weeks. Some vessels may be gone while others may be lighter or not affected. May take multiple treatments.