

**CLARKSVILLE RESIDENT LAURA SPARKS** loved planting palm trees, hibiscus flowers, lilies and other lush tropical flowers in her garden, until recently when her legs began causing her pain. When Laura gardened she had to endure throbbing pain and fatigue for several days because of the varicose veins in her legs. Working in her RN position was the only thing she could really do.

"My legs would just hurt badly enough that I'd be up in the middle of the night with calf pain. It just made it where I couldn't do a lot of activities that I used to do when I was younger," Laura says.

Now, thanks to Dr. Elizabeth S. Rachel, MD of Ultimate Vein Care, Laura, 47, says her legs now feel like that of a 20-year-old, and this spring she moved six truckloads of plants and laid 300 bags of mulch.

In just two short office visits followed by the Endovenous Laser Ablation, Laura found her legs free of the veins that had caused her so many problems.

"We do the procedure in the comfort of our office, so there is minimal time spent here, unlike hours on end at the hospital," says Denise Searcy, office manager for Ultimate Vein Care.

When Laura went to Ultimate Vein Care, a division of Surgical Care Associates, she had the assurance of Board Certified Vascular Surgeons with over 55 years of combined experience in caring for varicose veins. "I didn't want do the procedure until I found that right person, and I have no regrets," Laura says.

Part of Laura's hesitation was fear — she worried about her circulation, and missing work. With the experienced team at Ultimate Vein Care her fears were put to rest. The same day of treatment she even attended her son's football game, and went to work the next day. Unexpected, and of course welcome, Laura is thrilled with her legs that now are free of the pesky veins.

"My children used to beg me not to wear shorts, and now they don't say anything," Laura says. This spring, Laura treated herself to a much desired sundress and sandals to match. Laura says the procedure exceeded her expectations. "It's something I never thought my legs would look like."

"I just have all the confidence and faith in Dr. Rachel and the team. I wish this was available years ago and I definitely would not have hesitated to have it done," Laura says. Today she is extremely thankful she can walk, garden, and swim without pain.



**Choose a Vascular Expert**

**Board-certified vascular physicians:**  
 Matthew T. Jung, M.D.  
 Elizabeth S. Rachel, M.D.  
 Dean J. Wickel, M.D.  
 Salem M. George, Jr., M.D.  
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**BEFORE**



**AFTER**

**LAURA SPARKS** went to Ultimate Vein Care to get rid of her varicose veins and now enjoys gardening again, pain-free.